



*Rick & Sue McCoy*

# *The Love Letter*

Abba's Arms International, Inc.  
1st Quarter Volume 12

## Update on Well Water Project - Zambia!

We wanted to share an update on the well project in Ndola, Zambia. We had shared that the Lord had put on our hearts to help our friend, Eunice, in Zambia to drill a well on her property to supply clean drinking water for Abba's School of Hope, her church and the surrounding community. From the estimate she sent us, we believed Father would provide the \$3,200 by the end of 2019 so the well could be dug this year. PTL! All of that amount came in by the close of the year. As we prepared to send Eunice the money, however, she shared that because they had been having a very severe drought the well had to be drilled deeper and would now cost \$5,100. Since last June, the well costs had already gone up a few hundred dollars, so we decided to take the extra amount out of our ministry account before the cost rose again.

However, before she committed to a contract with a certain company to drill the well, we suggested she speak with a mutual friend who has a school and had a well dug. He got back to her this week sharing there are different kinds of wells and that it would be best to have an industrial well dug. None of us knew there were different kinds of wells, but we are thankful for His timing and for all the wisdom He is supplying! The estimate that Eunice sent us this week for the industrial well is much more detailed. We can see how important it is to have an industrial well on the property to fulfill her vision for the future! **The cost for this kind of well is an additional \$5,300 from what has already come in!** We are letting you be aware of the difference that we are believing to see Father bring in to be able to complete this project! We covet your prayers asking the angels to bring in the funds. If you sense a prompting to help fund this additional amount, contributions can be made online or in snail mail. THANK YOU!



Donate online at our website:  
<https://abbasarmsintl.org/>  
or send a check made out to:  
Abba's Arms International, Inc.  
P.O. Box 1396  
State College, PA 16804-1396

## DRINK! DRINK! DRINK!

Last year on our way to Africa as I (Sue) got settled in my seat for a long flight over the ocean, I asked Papa (my name for Father God) how He would have me spend my time before getting some sleep. Did He want me to read my Bible, a book, soak with some music, or pray, etc.? I suddenly heard Him say in my heart, **"Drink, drink, drink!"** I asked Him to repeat what He said. I heard the same words again, **"Drink, drink, drink!"** I literally started chuckling and then He said, **"Drink in My love, drink in My goodness, drink in My grace..."** He shared even more of who He is and all He wants to be for me. As I sat there, any pressure about our ministry trip to Kenya and Zambia melted away. I saw Him filling me and it just flowing out of me. Since that time, He has shown me this is the way I am to walk with Him for the rest of my life! Wow! What a major change for the girl who grew up being very performance oriented and prone to "doing" rather than just "being."

Just like I must continue to drink water in the natural to keep my body functioning, He is helping me understand that my spirit needs to continue drinking in the realities of who He desires to be for me daily! Without water we get very thirsty! Without Him, our spirits can become faint and struggle to live. We also can't help others in need if we aren't full ourselves! Jesus told us we will be blessed and filled as we hunger and thirst for righteousness. We will be blessed as we drink of Him, His Life, experiencing Who He is as well as His ability to fill and sustain us! **God wants to be the total source of our lives!** We were never meant to look to self or somewhere else. Only God can truly satisfy our hearts and lives with every good gift from above. **Jam. 1:17**

Papa led me to **Psalm 36:7-8**, but verse 8 stood out, **"And You give them drink from the river of Your pleasures. For with You is the fountain of life; in Your light we see light."** NKJV Read it in several translations. God has a river of pleasures for us to drink from! Can you believe He has nothing but good for you and that He is ready to **"...freely give you all things?" Rom. 8:32** Can you see Him as the source of your life and everything that you need? I am convinced Father God wants us to live like Adam and Eve did in the beginning in the Garden of Eden. He desires that all His children experience the freedom that comes from eating and drinking deeply of all that He is and living in the freedom His love and life give us!

### God's Original Plan

In the beginning, Father God placed His man in the Garden of Eden. Did you know the word, **Eden**, actually means **pleasures and delights**? It was a place filled with everything Adam and Eve needed! Not only were their physical needs met, but they walked and talked with Him in the cool of the day. They had a heart-to-heart relationship and sweet fellowship every day together. It sounds heavenly! We have a good Father who wants all of His children to know Him, look to and learn from Him how to

live our lives. When they ate of the Tree of the Knowledge of Good and Evil, everything changed! Before they had experienced Father God with their hearts knowing love, acceptance, joy and freedom. The serpent deceived them and got them to believe the lie that they'd be like God, knowing good and evil. Suddenly their hearts were no longer free to simply enjoy fellowshiping with Father. Now the eyes of their minds saw things as right and wrong, good and evil, holy and unholy. They became aware of themselves and less conscious of Father God.

Since that time, mankind has been prone to evaluate every action from their mind whether it is good or bad and deciding how we can make ourselves acceptable. Our minds have been trained to focus on ourselves and what is correct or incorrect, acceptable or unacceptable. I grew up in a church that told me "God is love" but the stronger message was my need to do what was "good" and avoid what was "evil or wrong." For many years of my life, daily I would evaluate **myself** and decide if **my** actions were good or bad. I constantly judged **myself** and hoped I did enough right that I could cover up any of **my** imperfections. I highlighted the last sentence to help us all see how much our focus on ourselves is the wrong place that keeps us stuck in the Tree of the Knowledge of Good and Evil. It is the source of legalism. It drives us to try to be good enough or right, but it can never take us to a place of relating to Father God through love and intimacy! By Jesus' death and resurrection, He made a way for us to experience a love relationship with Father God like in the beginning! He is looking at our hearts, not our minds and actions! Recently He spoke to me and said, "**I told you to drink, drink, drink, not think, think, think!**" Those words are helping me not judge myself and stay at home drinking in His love!

### Taste and See

Papa has been showing me it is all about my getting to know who He is, how good He is and how much His heart is for me! As I spend more time focusing my heart on Him, I am seeing and experiencing more of just how good He is! **Psalm 34:8** says, "**Taste and see that the Lord is good...**" Have you ever thought that it is all in the **tasting**? Our spirits and hearts need to taste what He is like just like we taste food. Not only does what we eat nourish our bodies and sustain our lives, but we get to enjoy a wide variety of flavors that make our taste buds say "yum, yum" as we take in and taste them for

ourselves! Just like we don't eat a food just once, He wants us to taste and experience how good He is over and over again!

Eating and drinking is not something that someone else can do for us! We must take the food and drink into our mouths; then we must chew it and swallow it in order for it to benefit our bodies. Our bodies cannot sustain themselves and require nourishment from an outside source! Our Father never meant for us to rely on ourselves but to be dependent on Him knowing we can trust Him to meet our needs. The second part of **Psalm 34:8** says, "**Blessed is the man who puts his trust in Him.**" How do we learn to place our trust in Him? It doesn't come from just quoting a few Bible verses and knowing truth in our heads; it comes from personally experiencing Him touching our heart and life. A baby is born into an unknown world totally helpless, but that baby knows how to drink milk from its mother's breasts.



What images does that place on your heart? It is a place of comfort, security and provision! **Psalm 22:9** says, "**You made me trust while on my mother's breasts.**" Taking time to be still in His Presence is the place where we learn to trust. Just like a young baby latches a hold of the source, all he has to do is drink and keep on drinking and he will grow. The spiritual milk of God's Word will cause us to grow up to be more like Christ also. **1 Pet. 2:2**

The Bible tells us to feed on His words as they are spirit and life. His words are sweeter than honey, they cause joy and rejoicing in our hearts and are free to those who will come! Read **John 6:63; Ps. 119:103; Jer. 15:16; Isa. 55:1-2**

### Flowing and Carefree

As I sat down to write this, the Lord took me to **Ezekiel 47** to read again. It is a powerful image that is presented to us of water flowing from the door of the temple and running out the right side. A man measures the water and first it is ankle deep, then to the knees, then to the waist, and then the water was too deep to cross. It was water to swim in! It also talks about wherever the river goes it brings healing and life! The further I walk with the Lord the more He challenges me to go out deeper. That means a greater level of trust as well as my letting go of control of my life or where He may take me. It is the place where I must see Him as my total source, the One who will completely protect and provide for me! Earlier I spoke about the Tree of the Knowledge of Good and Evil, but what does living from the Tree of Life look like? I am beginning to see that it

comes as I rest secure in belonging to Father's family. Being "in Christ" means I can rest in and learn to live in the sweet relationship/ fellowship Jesus has with Father and Holy Spirit! Jesus said, **"I am the way, the truth, and the life!" John 14:6** Seeing Him as the way to receive true life helps me realize it is more about relaxing, receiving all that Father has given Him and allowing it to flow into me as I drink, drink, drink! Last year Rick and I got to attend a 6-day school about walking in sonship to our Father. That week during a time of soaking in His presence, He brought an image to my heart of me as a 3-4-year-old little girl. It was summer time and I was outside in the backyard of the house where I lived enjoying my small wooden table and chairs. My mother brought me a cold drink in a glass with a twisty curvy colorful plastic straw! It is an image that I have had in my heart for years, but could never find a tangible copy of the scene. I saw myself with a big smile, excited about the time and full of joy! It was a perfect summer day and I was thrilled to just be alive! Papa spoke to me and said, **"This image of little Susan is to show you what it looks like to live as a carefree happy daughter! It is the way I want you to live again, free to drink, free to enjoy your days, and free to live knowing I delight and rejoice over you too!"** Wow!

I left that week wanting to keep my experience, the image and His words, in my consciousness! His words touched my heart as I realized how serious I can become at times and not live like carefree little Susan! Shortly after this time, He told me to purchase some of those fun twisty colorful straws and make a bouquet to put on my counter where I see it every day! That has helped me see myself as His carefree daughter, but I still hadn't found it easy to walk a new way at home. My heart defaulted to old patterns and ways of doing my daily routines and even my relationship with Rick. I have been practicing taking more breaks to drink in all that He is and express my appreciation for who He is and how He is changing me. But not until this past weekend did He reveal why I can struggle to relax if the house isn't in order and tasks aren't done. I grew up with a wonderful mother who did many things well, but I got the message, **"Everything has a place and everything must be in its place!"** While it may not have ever been said, that was the expectation! As He walked me through my childhood home in my heart, I saw it was *never messy*

but always in order. He showed me how I grew up feeling that if things weren't in order or done immediately, people wouldn't be happy with me or disconnect from me! Ugh! My ability to relax and be carefree has been minimal for many years. Since that revelation, I have begun to relax and learn to be a carefree little girl who doesn't have to be responsible and make sure everything is done and in order before I can have fun and simply be free to enjoy my life!

What joy fills my heart as I remind myself and all of you – ***It's not about what we do, but about what He has already done! We are free to be His children and receive all that He has for us!*** As we start a new decade, may we learn to live from our hearts drinking from the Tree of Life! Now I have a great visual image of living that way! For my birthday this year, my special friend painted a Tree of Life on a vase (image on page 2 is of my gift) for me to help me see I am free to drink deeply every day of His extravagant, never-ending love and life! Keeping my focus on Him, His goodness, and His ability to do all things is allowing me to once again discover it is possible to be my true self and live carefree as His daughter! My prayer is that each of you reading this will also drink, drink, drink deeply of Him and allow more of His life to flow into and through you in 2020 and beyond!



## **Father's Blessing of Living from the Tree of Life**

I bless you with the eyes of your heart to know Father as your total source for life! May your heart hunger and thirst for more of Him – knowing who He is and who you are in Him. May your heart be led by Him and not allow your head to hinder you from receiving all that He has. I bless you to take time to drink deeply of His love, goodness, grace, peace and be filled with every good thing from above. May you taste, see and experience His pleasures and desires for your life – looking for His fingerprints on each day! May He show you any places where the Tree of the Knowledge of Good and Evil has hindered your walk with Him and let Him reveal any patterns in your heart that keep you from being a carefree child of your good Father. I bless you to trust Him more and let go of control. May He take you to new places to touch more hearts with His life and love! May you connect with Him more deeply with your heart and rest in the freedom of living as His greatly loved son/daughter!



©JKScatena/2013