

### Lesson 3 - Known, Heard, Understood, and Cared For

The following diagram has two columns – one with **False Identities** and the other with **True Identities**. Look at the lists below and see which false identities you have. Renounce each one and receive your true identity from God. There may be negative words or concepts which you have identified with or said about yourself in the past that are not listed. Make a list of what Holy Spirit shows you. Renounce each of these and receive the opposite of what you have written, which is your true identity. Stay focused and do not rush through this process. When Satan comes against you with lies about who you really are, you can speak your real identity and change the image you have of yourself.

<b>Contrast False and True Identity Beliefs</b>			
<b>False Identity</b>	<b>True Identity</b>	<b>False Identity</b>	<b>True Identity</b>
Abandoned	God's Adopted One	Mistake, Illegitimate	Planned and Purposed
Bad	Righteous	Prideful	Meek and Mild
Basket-case	Stable, Sure	Perfectionist	Person of Excellence
Boundary-less	Boundary Setter	Procrastinator	Timely, Responsible
Burden	Blessing	Passive	Assertive
Burned-out	Energetic, Anointed	Rebellious	Obedient, Submitted
Compulsive	Content	Rejected	Accepted, Loved by God
Controlling	Spirit Led	Seducer	Pure, Holy, Godly
Defective	Complete, Whole	Shameful	Unashamed, Honorable
Deceptive, Liar	Truthful, Honest	Self-sufficient	Dependent on God
Defeated	Victorious	Tormented	Peaceful
Double-Minded	Single-Minded	Trouble Maker	Peace Maker
Dumb, Stupid	Wise, Christ-Minded	Unimportant	Special
Fearful	Full of Faith	Unworthy, Worthless	Worthy, Priceless
Failure, Loser	Success, Overcomer	Uncaring, Cold, Frigid	Caring, Warm, Loving
Guilty	Forgiven	Unlovable, Unloved	Lovable, Loved
Irresponsible	Responsible	Unclean, Impure	Clean, Pure
Inadequate	Well-Equipped	Undisciplined	Disciplined Disciple
Man Pleaser	God Pleaser	Unfulfilled	Fulfilled in Christ
Misunderstood	Understood	Victim, trapped	Overcomer, Free
Self-sufficient	Sufficiency in Christ	Independent	Dependent on God
Defensive	Open, Honest	Hopeless	Hopeful in Christ
Expect Punishment	Expect Grace	Poor, Lacking	Rich, abundance in God